## COMPOSITION :

Each coated tablet contains:

Ferrous Ascorbate	
Equivalent to elemental iron	 100mg.
Folic acid IP	 1.5 mg.
Zinc	 22.5 mg.
Methylcobalamin	 1.5 mg.



## INDICATION :

Iron deficiency anaemia during pregnancy and lactation.

# ADVERSE EFFECTS :

Nausea, Regurgitation, Pyrosis, Chronic Constipation, Diarrhea.

## **CONTRA-INDICATIONS :**

Patients with evidence of iron overload, known hypersensitivity to any of the components, Hemosiderosis, Hemochromatosis, Hemolytic anemia.

## **PRECAUTIONS:**

Oral iron may aggravate existing peptic ulcer, regional enteritis and ulcerative colitis. Periodically monitor hematologic and hematinic parameters.

## DOSAGE AND ADMINISTRATION :

100 mg once a day. Dose can be increased to twice daily as per the requirement.

#### PACKAGING INFORMATION :

MMHB tablets are available in a strip of 10 tablets.